Psoriasis is a chronic skin condition that can cause red, scaly patches of skin to appear. Learn more about what it is, why it appears, and how it's treated.

Psoriasis: Symptoms, Causes, Diagnosis, Treatment

Psoriasis is a non-contagious disease that causes skin cells to multiply up to 10 times faster than normal. This causes the skin to build up into bumpy red patches covered with white scales ... Psoriasis is a chronic, long-term (chronic) disease with no cure.

Psoriasis and Inflammation: The Role of the Immune System

Let's go inside. You may think of plaque psoriasis as a skin condition, but it actually starts inside your body. Beneath the surface, an immune system out of balance is one reason why plaques form on the skin.

What is Plaque Psoriasis?

Plaque psoriasis is the most common form of psoriasis. While the exact cause of plaque psoriasis is unknown, we do know that the immune system and genetics play major roles. With plaque psoriasis, there are also external factors or "triggers," that can have an impact. For example, stress is a trigger.

Psoriasis: Types, Pictures, Causes, Symptoms, Treatments...

Psoriasis affects all races and both sexes, although psoriasis can be seen in people of all ages, from babies to seniors, most commonly patients are first diagnosed in their early adult years. The self-esteem and quality of life of patients with psoriasis is often diminished because of the appearance of their skin.

Psoriasis: Definition, Symptoms and Treatment Methods

Psoriasis is a chronic and inflammatory disease characterized by raised areas of abnormal skin. These changes occur as a result of an overactive immune system. Genetic conditions are a common factor in the occurrence of the disease.

Avoid psoriasis triggers. Notice what triggers your psoriasis, and take steps to prevent or avoid them. Infections, injuries to the skin, stress, smoking and intense sun exposure can all worsen psoriasis. Avoid drinking alcohol. Alcohol consumption may decrease the effectiveness of some psoriasis treatments. If you have psoriasis, avoid alcohol.

Psoriasis: Causes, Symptoms, Treatments and More

Psoriasis is a chronic skin condition that can cause red, scaly patches of skin to appear. Learn more about what it is, why it appears, and how it's treated. (Psoriasis)